English issue

THAILAND Rotaly โรตารีประเทศไทย www.rotarythailand.org



Magazine 2 Monthly Vol.35 No.179 November-December 2018





When new connections INSPIRE YOU

HAMBURG, GERMANY | 1-5 JUNE 2019



The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST The development of acquaintance as an opportunity for service;

SECOND High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society:

THIRD The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH The advancement of international understanding, goodwill, and peace through a world fellowship of business, and professional persons united in the ideal of service.

Message from RI President

Barry Rassin, November 2018



Dear fellow Rotarians,

One early June, more than 30 years ago, I had a business trip scheduled to Las Vegas. I had been a Rotarian for about six years, and I thought of myself as an active member: I attended every meeting, I'd served as club secretary, I knew everyone in my club. But for me, Rotary was very much a community organization. It connected me to Nassau and perhaps even to the Bahamas — but no farther.

I had never given much thought to Rotary beyond the Bahamas, and it had never crossed my mind to travel to a Rotary convention. But that spring, I realized that my trip to Las Vegas would coincide with the Rotary International Convention and thought, why not? I sent in my registration and paid my fees, never suspecting that the experience would change my life.

When I walked through the doors of that convention, I was stunned. It was one thing to know that I was part of a global organization with over a million members around the world. It was something else altogether to stand there in the middle of it. I went to every general session, looked in at every booth at the House of Friendship, and learned about projects that I hadn't even known you could do in Rotary. That convention didn't just open my eyes. It opened my mind. It inspired me to completely change the way I saw Rotary, what Rotary could do for me, and what I could do through Rotary. That inspiration has stayed with me ever since — and is renewed every year, at every Rotary convention. In June 2019, Rotarians from all over the world will converge in Hamburg to Capture the Moment at the 110th Rotary International Convention. Many, like me, will have been coming to conventions for years; many others will be coming for the first time. Whether they're looking to connect with old friends, to find inspiration for a new Rotary year, or simply to see what Rotary is all about, each of them will find their own moment in Hamburg.

Hamburg is a port city that connects Germany to the world and that has been an economic and cultural hub for centuries. It's a wonderful place to visit — to stroll the shores of the city's lake, take a boat trip on the Elbe River, dine out, hear great music, and explore fascinating museums. It's also the ideal place to kick off a European vacation.

If you're a regular convention goer, you absolutely won't want to miss out on the friendship and inspiration you'll find in Hamburg. And if you've never been to a convention, please consider this my personal invitation. Register at riconvention.org by 15 December for the best rate — and let this convention Be the Inspiration for your Rotary journey.

> Barry Rassin RI President 2018-19

On the Web Speeches and news from RI President Barry Rassin at www.rotary.org/office-president

Message from RI President

Barry Rassin, December 2018



Dear fellow Rotarians,

It's traditional that the first Rotarian magazine of the Rotary year carries a profile of the incoming RI president and his or her family. I've always read those profiles with interest, never giving much thought to the possibility that one day, I might be the one bringing a writer from the magazine to my Rotary club meeting! I have never liked a lot of attention, and the idea of having my picture on the magazine cover made me a bit uncomfortable. But when I saw the photo the editors chose, I smiled. Because the star of that picture definitely isn't me, or even my wife, Esther. It's the flock of flamingos, none of which could care less about Rotary, all strutting past us in the same direction. All of them — except one.

I couldn't think of a more appropriate image to reflect the message I want to convey to Rotarians. That one flamingo, going the other way, represents so much of what we need to do in Rotary. That flamingo knows everyone's going one way. She sees it. But she also sees that maybe the path they're on isn't the best path. Maybe, just maybe, there's a better path over there, and she wants to get a good look before she goes marching on with her friends. And if, when she does stop and look, that new path does seem better, she'll call the rest of the crew to come over and check it out with her. And maybe, just maybe, they'll all choose that better path together. Change is hard. And the longer we've been going one way, the more friends we have with us, the harder it is to be the one who turns around and does it differently. But change — not change for its own sake, but careful, considered, goal-directed change — is essential for any organization that wants to evolve, stay relevant, and move forward in the right direction.

So take a look at that picture, but don't look at me. I'm not the one that cover's about. That cover is about the flamingo. It's about having the curiosity, the courage, and the conviction to look at different paths that might be better — whether you're out for a stroll on a beautiful Bahamas morning, or helping chart the course for our organization.

> Barry Rassin RI President 2018-19

Message form Foundation Trustee Chair

Ron D. Burton, November 2018



Every year we celebrate November as Rotary Foundation Month. How fortunate we are to have a world-class Foundation that allows us to do so much good in the world. We should all take pride in the fact that something good happens every second of every day because of Rotarians and our Rotary Foundation.

Remember how excited we were at the 2017 Rotary International Convention in Atlanta, where we celebrated the Foundation's first 100 years? The fundraising goal for that year was \$300 million, and, as you recall, we raised \$304 million to exceed that goal. It was a landmark year for the Foundation.

In the 2017-18 Rotary year, as the Foundation entered its second century of service, we had an even more ambitious fundraising goal of \$360 million. At the convention in Toronto in June, outgoing Trustee Chair Paul A. Netzel told attendees that we once again had a landmark year for our Foundation, setting a one-year fundraising record of \$373 million.

This year our fundraising goal totals \$380 million. Our goal for polio is \$50 million, which will be turned into \$150 million through the Bill & Melinda Gates Foundation matching grant. Add to that a \$137 million goal for the Annual Fund, \$61.5 million for the Endowment Fund, and \$31.5 million for global grant cash and other outright gifts, and our many programs will be fully funded and Rotarians will be completely equipped and empowered to continue making real change.

Now, it's up to you and me. We have the chance to forge a path of ever-increasing relevance and influence — to choose the direction and tempo of the Foundation's second century.

I'm challenging you to increase your involvement in our Foundation — by doing, by giving, and by inspiring. Together we can make tomorrow even brighter than today. We can make every month Rotary Foundation Month. So, Be the Inspiration, build your Rotary legacy, and let's make this yet another landmark year in our history.

> Ron D. Burton Foundation Trustee Chair 2018-19

Message form Foundation Trustee Chair

Ron D. Burton, December 2018



For many of us, December is a time of reflection about the year that is about to end. We think about the things we resolved to do and compare that with what we actually got done. Many times we surprise ourselves when we realize we achieved even more than we had hoped. We also start thinking about the new year and, with the best of intentions, commit ourselves to even greater accomplishments.

It is a time when our thoughts turn to the things that are important to us — and nothing is as important as family. We are grateful for those we love and for those who love us. For Rotarians, that encompasses a large number of people around the world, because our concept of family includes not only our immediate relatives but also those many friends we have made over the years sharing Rotary. Each of us is much like a stone thrown into a pond, creating many ripples. When our ripples intersect with the ripples of our family and friends, we truly have an impact on our world.

We also think about the organizations that are important to us and that exist because of our generosity

as well as the generosity of others. We voluntarily support these organizations and generously contribute our time, talent, and treasure to further their work and make our world a better place for all. And through this work, our family gets even larger.

Our family and our impact continue to grow each year through our commitment to and support of our Rotary Foundation. Working together creates a synergy that allows one person to truly make a difference. And when we all work together and commit ourselves to a cause, there is no limit to what we can accomplish. In that process we are bound together and become an even more close-knit family.

So at this special time of year, as you reflect on your family and the good things in your life, think about your Rotary legacy. Now is the time to make your lasting commitment so that the important work of our Foundation will continue in perpetuity.

> Ron D. Burton Foundation Trustee Chair 2018-19



Editorial

PP. Vanit Yotharvit, D. 3360 RI

"Sergeant Sam's heart" One life has been sacrificed for thirteen lives. One of the great spirits One legend heals the world One heart of virtue, Thai heart, Sergeant Sam's heart

Fellow Rotarians,

This is a poem by the National Artist of Thailand. Ajarn Naowarat Phongpaiboon. Recorded under the monument of the volunteer, Sergeant Sam at Tham Luang, Doi Nang Non, Mae Sai, Chiang Rai.

From the incident that "Sergeant Sam" died while being a volunteer helping 13 children, "The Wild Boars" football team who were trapped in the cave. This event is a global news. Volunteers from all over the world joined forces to help in various ways.

Volunteer to help others regardless of life is a true sacrifice May we memorize and praise.

With the loss and sadness, we recognize people's hopes and happiness. People in this world that still have a volunteer mind. Feeling of compassion, sharing, encouraging, and joining in to help those who are in distress.

Yours in Rotary PP Vanit Yotharvut

Links to the 5 episodes of the documentary "Tham Luang" By ThaiPBS



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Rotary

(Cover) "Vetiver Grass Cultivation, a Good Day with Rotary at Kaem Ling Nong Non Tai", Sakon Nakorn Province
(Table of Contents) Groups of Tourists visit Tham Luang Forest Park at Doi Nang Non, Mae Sai District, Chiang Rai although the cave area is still not allowed to enter. The cave is where the members of the Wild Boars football team have been rescued, demonstration and elected creatives in the fortunation. photo area receive a lot of attention.

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Editorial

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Contact

c/o Rotary Centre in Thailand 75/82-83, 32/Fl., Ocean Tower II, Soi Wattana, Asok Rd., Wattana, Bangkok 10110 Tel: 02-661-6720 Fax: 02-661-6719 Email: magazine@rotarythailand.org , Website: www.rotarythailand.org

Mobile: 085-822-4442 v.yotharvut@rotarythailand.org

Rotary Information

PDG.Yongvudhi Jongkittipong Rotary Club of Bangkok-Ratchadapisek



Running Your Club

Strengthening the club management with 4 major principles

- 1. Main Club Management
- 2. The service for the underprivileged
- 3. Add and maintain members
- 4. Support the Rotary Foundation

1. Main Club Management

- 1.1 Run a regular meeting with friendship. Started and stopped at the specified time.1.2 Manage according to
 - the club management structure
 - the resolution of the club board
 - the club plan
 - the constitutional framework, Rotary regulations, and tradition
 - Manage finances with club accounts and project accounts with transparency that can be checked.
 - Pay for Rotary International Dues and District Dues
 - Understand on My Rotary
- 2. Service or project management according to the club plan (Club Plan)
 - according to the six areas of focus and meet the needs of the community
 - project management with transparency and sustainability
 - passed the resolution of the club board

3. Maintain and add members by

- Rotary information
- Career type identification
- Study regulations, attend training as organized by district to understand Rotary thoroughly

4. Support the Rotary Foundation by

- Participate in the program
- Donate

Inspiration; creates change, cultivate spirit and desire leading to understanding of Rotary and confidence in good things and faith.



PP. Dr. Busabong Jamroendararasame, Ph. D., Rotary Club of Phayao



ticle

Inspiration "Changing Fear and Anxiety into Challenges"

In the year that Rotary is 100 years old, it is an ideal year to celebrate. The Club President informed that the Rotary Friendship Exchange (RFE) from the United States wished to exchange and do projects for people on the hills. Then, club members were invited to assess the needs of people on the hill and evaluated for the possibility to conduct the project.

Numerous needs surveys provide a very high experience. Getting back on the brutal path to the steep mountain peaks that many people fear, transporting people on vehicles with specialized drivers, the quality of people's life, needs of a doctor and medicine, the condition of the school, requirement of educators, farmers, agricultural academics, etc. Members were worried and not sure that this work could be done. How much time and power would it take? But it was a great challenge to accomplish the task successfully.

After visiting from the Rotary Friendship Exchange, the group noticed the brutal journey as an adventurous travel. Taking full a breath at the top of the mountain which was the destination. The club received funding from the Rotary Foundation to develop the Health Center Project which an intention to serve medical unit quickly. With the cooperation of Rotarian outside, we received a grant to support the Library Development Project from the second exchange friendship team who joined the medical unit as a continuous capital. A scholarship to support vocational training for the community was proposed in the following service.

Young children on the mountain had the opportunity to study at the university in the city with the coordination of Rotarians who are teachers. They also had a chance to come and practice the engine repairing profession from Rotarians who own business. And when the village became known, there were many other clubs going to do many additional projects.

On the day that community leaders stated that they wanted the Rotarian to celebrate the project success, we received a very good tribal welcome. There were Rotarians from many clubs and many nationalities attended. We were all proud when we saw signs pointing along the jagged road. "Hundred Years Rotary Village". On the library building still had a list of clubs that provided a long-term cooperation. A Health Center have been improved to add up a more convenient examination room. People in the community were smiling, greeting us as a familiar person. This was the work of many clubs, both Thai and foreign. It was delight more that the clubs still have continuous development projects to build a classroom for young children, even when the years have passed.

We learn that If we change uncertainty, fear, anxiety to challenging, power from diversity in careers, leadership in professions, understanding of differences, and friendship without borders of Rotarians could be combined to be a great inspiration.

Everyone was proud of the village that has been developed and is known as "Hundred Years Rotary Village", Huai Chomphu Village is adjacently located between Chiang Mai and Chiang Rai.

Inspiration cannot be bought or borrowed from anyone. It's all in our body. It is on your basis to pick it up and use for your purposes.

Special Scoop

Volunteer



PP. Jantanee Tienvijit Rotary Club of Lanna

The case of 13 lives of young footballers, the Wild Boar Academy team disappeared while visiting inside the Tham Luang Cave of Khun Nam Nang Nang National Park, Mae Sai District, Chiang Rai Province in Northern Thailand, since June 23, 2018, has mobilized all sectors to search and assist all youths to meet and take out safely on July 10, 2018 according to the news that we have monitored throughout the period of searching and rescuing where international and domestic cooperation from all sectors had been presented. We interviewed Rotarians who were involved in this mission as parts of the leaders and as volunteers offering community services Making the information and details of each aspect interesting.









Past Rotary International President Bhichai Rattakul

The first person we interviewed was Past RI President Bhichai Rattakul who said that Rotary's philosophy has two aspects:

1) Providing services to the community especially the poor people or those who need help

2) Promoting friendship and good will for ultimate world peace

The key role of Rotarians is to help others. The motto of Rotary is the Service Above Self. Help is not giving money but a hand-on service to those the needy.

His Majesty King Rama IX had a royal speech at the time when the then RIPE Bhichai was granted the opportunity to visit: "Money is an important part of the work for the public, but not the most important thing. The important thing is to avail to help others by using our existing knowledge. This is the true volunteer spirit." Giving money alone is not considered a volunteer. The word "Hands on Service" has a profound meaning. That is, putting your hands into action by using our knowledge and our time. Though money is important, what's more important is our mind to go on to make Hands on Service, in the year 2000 before Bhichai would take the position of President of Rotary International and left the country for 3 years, he pay homage visit to the late King Rama IX who said that "I'm glad that Khun Bichai was appointed as the president of Rotary International and please maintain good reputation for the country. And when returning, even though there is no position, give your hand if there is an opportunity to help people who are in need" Bhichai said, personally he was taught to help others since being a scout at the age of 9.

The first good deed that was done was when he offered seat to a lady and an elderly in the bus. This practice of providing services started from childhood till the present.

Special Scoop

Volunteer





PDG. Wiwat Sirijangkathana,

Rotary Club of Chiang Rai, District 3360

The Rotarian who first played a role in connecting was Past District Governor Wiwat Jangkak, Rotary Club of Chiang Rai who is notified by PRIP Bhichai and entered the area on the first day of the event and coordinated with the Mae Sai Rotary Club

Which the club president at that time was President Wiwat Phanit who led members of the club to help bringing necessary supplies and items to the volunteer teams and coordinate in the relevant section including public relations among Rotarians in all Districts of Thailand to raised fund to serve this mission of the rescue.



PP. Wiwat Panichattra,

Rotary Club of Mae Sai, District 3360

The incident took place on June 23, 2018 while Wiwat then was the President of the Rotary Club of Mae Sai. President Wiwat entered the cave on the first day the news was broadcasted which was on June 24. There hundred of volunteers were

all over in front of cave, and there would be more volunteers coming. Arriving at nine and spent time meeting with authorities

As to the mission in rescuing 13 Wild Boars at Tham Luang cave, Past RI President Bhichai calculated that the Rotary Club of Mae Sai which is located where the incident took place should be contact point for all cooperation. He, then contacted Rotarians in the area to do what they possibly can including the making use of himself in addition to his personal contribution of some money as initial fund to help getting things done. What PRIP Bhichai thought he can do best is to spread the message of assistance request among leading Rotarians which came out just great.



and volunteers till noon, he felt that people here need food. This is the first thing President Wiwat did by buying 200 sets of lunch boxes to give to the volunteers and this was the first batch of food given to all rescue workers. Then he went on to buy more supplies and foodstuffs at the department store, everything in the store that is edible. Throughout the period of the aid, he had spent his personal money to buy more than two hundred thousand baht which was not withdrawn from the club. Because the work must be decided immediately in the part of the club members brought money together and bought the necessary items. Participate in various coordination missions, such as supplying old tires to the crews who dig water wells that are pumped out from the cave. There were need up to 2,000 old tires. The tire shop loaded in a six-wheeled car to deliver free of charge. Some shops did not have enough quantity of old tires but they contact their network of tire shops in other provinces, allowing him to bring sufficient quantity of old tires to deliver, which is actively helping together.

Throughout the period of helping President Wiwat and his wife has worked with other volunteers every day. They were impressed with everybody giving helps there, road side restaurants offered volunteers to dine free of charge though they are not big income earners. They all did this with spirit of giving without thinking of returning benefit nor because anyone ask them to do. They were happy being part of the givers.



PP. Wichai Sriphatrat,

Rotary club of Mae Sai, District 3360 PP. Wichai is a Rotarian in an area that has a role in working for communities under multiple agencies, including being a disaster relief volunteer, Mae Sai District, said that he was informed of the 13 youth were lost in the cave on the night of

June 23, 2018 from a smartphone chat app of the group of disaster relief volunteers. They were called to form a rescue volunteer team by members who visited the ground from night of the incident. PP. Wichai appeared at the site early morning of June 24, and were asked to use his connections to procure for necessity supplies to be used by volunteers in their operations. He was also center for logistics as only vehicles belonging to government or vehicles with special permission can enter the operating area, hence strict control was necessary. Everyday all trucks must leave the area, but there were some cases that some more stuff from donations need to be delivered

Special Scoop

Volunteer



back to the cave which required extra shifts for delivery. "Some days we had to arranged 3 trips in one day" said PP. Wichai. Things included in the list of needed were boots, light bulbs for lighting inside the cave, etc. All these items we cooperate with local Rotary clubs in additional to meal boxes which would be delivered daily.

For PP. Wichai, this was such an honor and an act out of his willingness throughout the operation without thinking of which organization he was serving. He did it because he lived there and shared the compassion and knew he could do something rather than waiting and seeing others moving around. PP. Wichai feels gratitude about volunteers who came from a long way with their own money only wanting to become part of this mission.



CP. Somsak Chotechanathaveevongse,

Rotary club of Rama 9, District 3350 It is important that all important information must be availed, this include speed of the flow of water, content of mud in the water, visibility, etc.

In addition, the team leader and consultant viewed that a Drone operation should be added to the mission in order to gather

surrounding information from sky. The Drone which has the capacity to fly against storm and attached with camera capable of scanning movement of living thing in the dark was also provided by the center. CP. Somsak Chotetanataveevongse and his team of 14 members rushed to Mae Sai to join the operation. The mission received good cooperation form Rotary Thai Air



Force in transporting the vehicles and good support from Past President Voradej Panjarongka of Rotary Club of Sukhumvit in finding appropriate insurance policy to cover the operation.

Like all other volunteers in the event, CP. Somsak and his team went through the journey on their own financial support. This is unusual mission which usual protocol could not be applied, everything must be done instantly and decisively. The team had to be ready with the 2 sophisticated vehicles to accompany with the Royal Thai Air Force plane leaving early in the morning for Chiangrai. Their responsibility in the rescue is to support the searching operation in two ways, water and air survey.

1.Remotely Operated Vehicle (ROV) to search in the cave where water flooded areas where diver can hardly access. This machine can reach 120 meters ahead and feedback with information we may need for a decision.

2.Unmanned Arial Vehicle (Drone) to survey mountainous surface to search for holes or channels where we can reach the victims other than the cave front entrance.

Although there were limitations from using the vehicles in real situation, CP. Somsak had been impressed with this mission. "This is an amazing great cooperation I had ever experienced" said CP. Somsak who has been in several volunteering assignments before. He was overwhelmed with kind hearted people joining with the same goal, to help people whom they never known before. His vocational knowledge was fully utilized in such an urgency circumstances, he learned that it is vital to respect each other's opinion in the work of sensitive issue. Lessons learnt in the rare kind of cooperation has been used to pass on to students and present to Rotary Clubs inviting CP. Somsak as speakers.



PDG. On-anong Siripornmanus, Rotary Club of Pluta-Luang, District 3340

"Having been able to receive the SEAL team at Sattahip airport is an honor and overwhelmed moment in my life" said PDG. On-anong of Rotary club of Pluta-Luang. It was on July

12, 2018 that rescue for 13 Wild Boars soccer members and their coach accomplished and all the members of Thai Navy SEAL team returned to their base at Sattahip with navy doctors, medical workers, and marine medical science personnel, all 159 people. A receiving ceremony was conducted by cooperation from various groups of people in the province including representatives from Rotary Club of Sattahip, Rotary Club of Pluta-Luang, Rotary Club of Mitrapab Sattahip, and Rotary Club of Banchang. When C-130 plane arrived at the airport and each members of the SEAL team and others stepped down from the plane staircase and line up in order, the Navy Commander gave a welcoming speech, all the members of SEAL team roared 'Huya, Huya, Huya' instantly. "That moment, I felt

Special Scoop

Volunteer

profoundly overwhelmed and gratitude to the good deed all volunteers contributed to safe the lives of the 13 Wild Boars soccer team members and their coach" and this will be guiding principle for her as Rotarians in dedicating to help others.



From volunteer at Tham Luang Cave to become Rotarian,

Kongkiat Tapromma

The latest member of Rotary Club of Maesai involved in the Tham Luang recued mission as translator for Mr. Vernon Unsworth, the English cave exploring specialist. They were there from day 1 of

the operation. "Mr. Vern (Vernon Unsworth) help planning the rescue strategy with Thai authority and stay cooperative till the soccer members were found" said Kongkiat who has profession as building contractor. After several days working with Rotarians in the cave he was interested in becoming Rotarian. Past President of Rotary Club of Mae Sai, Aroon Jakota invited him to the club and induction took place on September 24, 2018.



British Divers Honored by Rotary Club

District 3360 DG. Rungranee Saengsiri said Rotarian Mike Latham of Rotary Club of Mendip, UK wrote her a letter describing that the club had honored two of the Cave Rescue Divers from the Cheddar Valley who were involved in the rescue operation to free the boys belonging to the Thailand football team who had become trapped in

the Tham Luang Cave.

In additional to good news from Mendip, volunteering Rotarians in the rescue operation includes Past President Lalinda Siripromanus of Rotary Club of Pluta-Luang who helped translating Thai to English for foreign media such as CNN, Past President Wiwat Phantanrat of Rotary Club of Mae Chan who support oxygen tanks for the divers team (a cost of more than eight hundred thousand baht), etc. There are many more Rotarians who volunteered in the incident.

Each and every role of voluntary Rotarians described above obviously is good deed and exemplary of service above self, the kind of people who use their technical knowhow in actual action of all forms supporting a mission of common goal. What was done and the effort spent for it is honorable and would be memorable always.

Why we volunteer

Because otherwise we remain pressed for contentment

by SHIRLEY STEPHENSON

The night before I left for Guatemala City, I was seized by an inexplicable anxiety. A nurse practitioner, I had volunteered to spend a week last February working with Shared Beat. a nonprofit that runs clinics in Guatemala staffed in large part by volunteers from the United States. It also provides scholarships for Guatemalans pursuing medicine, careers in related nursing, and fields. I admired the organization's ambitious agenda, and I needed the

sense of contribution and connection that comes with any volunteer effort.

But as I packed my insect repellent and antibiotics for traveler's diarrhea, I realized it had been five years since I had volunteered abroad. Despite my enthusiasm for this trip — and my previous work in Central America, Haiti, and Africa — I felt out of practice. That night before leaving, I checked the U.S. Department of State travel advisory for Guatemala. Level 3: Reconsider travel.

I questioned my decision. I'm responsible for patients at work. I have a family, plants, pets, and a widowed mom afraid of falling. Even this short trip would create some apprehension and inconvenience. Yet no one said, "Don't go." On the contrary, my husband said



when I left: "We'll worry about you a little. But you wouldn't be you if you didn't do this."

I was greeted at the airport in Guatemala by two men and an otherwise empty school bus. As we wound through the mountains, the driver's companion intermittently swung open the bus's folding door and leaned into traffic, gesticulating and whistling to signal lane changes. Burning debris and exhaust fumes shrouded the capital. I squinted in the dusty sunlight, astonished at how many birds dived through the haze.

Flaubert said travel makes one modest: You see what a tiny place you occupy in the world. Amid the patchy dogs, the scarlet bougainvillea punching through iron gates, and the shouts of roadside vendors selling tamales, elote, and skewered mango carved into blossoms, I understood what Gustave was getting at. In the plaza near the guesthouse, children chased balloons. A family parting on a corner blessed one another before kissing goodbye. I stopped to eat a plantain that had been roasted in its peel until it tasted like a buttery sunrise, and I was reminded that in many parts of the world a napkin, like a glass of drinkable water, is an extravagance.

The volunteers in our 26-person group came from all over the United States. We were a mix of doctors and nurses, medical students, an audiologist, and retirees from various professions.

Several volunteers had been participating every six months for the past 12 years. Throughout the week we filled each other's water bottles, shared snacks, and inquired about one another's gastro-intestinal health. Everyone woke in the chilly, dark hours of morning and traveled by van to different schools and clinics.

The first patient I saw had a leg wound sustained while scavenging in the vast garbage dump in Guatemala City. She was gregarious, sunburned, covered in dirt from the knees down, and proud of her job recycling plastic and copper stripped from discarded wiring. I thought of all the trash I would shed in just one week — travel-size toothpaste tubes, a disposable razor, mini shampoo bottles, week — travel-size toothpaste tubes, a disposable razor, mini shampoo bottles, zip-close bags.

Another patient, a Mayan woman in traditional embroidered dress, expressed her grief after the loss of a son: "I have other children, but each is a part of me. Now I am incomplete." She described other hardships she had endured, such as fleeing her home in the highlands during Guatemala's civil war and losing family during that 36-year conflict. She had already joined a women's support group, but she came to the clinic because sharing her story helped her. This level of trust and intimacy, always a privilege, seems even more astounding in another language and landscape.

Afternoons were temperate and sunny. A breeze carried the stench of garbage through neighboring streets. At times it locked your throat, as if you had put your head in a dumpster on a humid summer day. "You never get used to it," said a resident, "even after a lifetime here." Lunch was rice and beans or pumpkin seed stew, whatever was being served in the cafeteria. Patient care and any needed follow-up were possible because of the extraordinary local nurses, social workers, and program coordinators with whom we partnered. When not working, fellow volunteers discussed their lives at home. I learned about rattlesnake bites. Maine's treacherous tides, favorite books, cattle ranching, and coordinating disaster relief. I relished this exchange with people I wouldn't otherwise have met.

Depending on traffic, the commute to and from the clinics took one or two hours. Shoulder-to-shoulder in the vans, we had time to kill. Some conversation unfolded quietly and focused on clinical cases; on other occasions, we discussed sustainability and the necessity of the scholarship program. At night, those one-on-one talks often spread into animated group discussions, as when one of the volunteers, who had been raised in Guatemala but moved to the

Leaving my daily routine opens me to surprise: a hummingbird's whirr, a foreign flavor, a child flinging his arms around me in a frenzy of welcome.

United States in her teens, recalled that as a child, she had pitied anyone living in such poverty. "But it's completely the wrong sentiment," she asserted. Compassion, yes. But the patients we saw were resilient, self-sufficient, and dignified.

Another evening, someone began humming a Johnny Cash tune. We had been up since 5 a.m. and collectively seen hundreds of patients. Giddiness hijacked the van, and everyone joined in a spectacularly awful rendition of "Ring of Fire":

> Love is a burning thing And it makes a fiery ring ... And it burns, burns, burns The ring of fire.

Not every group is ideal. I've been on those trips, too. Sometimes the van gets stuck in mud, an earthquake splinters life into chaos, or people get sick. Some-times participants are cavalier and put others at risk.

But with a responsible team, a service trip gives more than it asks. Despite my early jitters, I now knew why I had needed to come to Guatemala: because the human connection dissolves differences, and an unfamiliar corner of the world becomes part of my fabric. Be-cause opportunities to volunteer reveal the overlap in cultures, traditions, struggles, and solutions. Because the process simultaneously grounds and stretches me. Because leaving my daily routine opens me to surprise: a hummingbird's whirr, a foreign flavor, a child flinging his arms around me in a frenzy of welcome.

At home, I'm more likely to overlook the lessons that life offers. I work in a hospital, where every day reminds me how fortunate I am, while providing examples of strength and grace. Still, it doesn't always curb my irritation when my computer freezes or my swim goggles break at the gym. A different environment reinforces humility and transcends perceived divisions. It also alters my approach to work: It's easier to see the usefulness of tasks that might otherwise seem rote or tiresome. I hustle more purposefully when I'm volunteering, be it for eight hours or eight days. Then I carry that energy home.

Most volunteer trips take us to regions that are less economically rich. This reminds us how we take for granted certain necessities — our roofs, our refrigerators, our drinkable tap water — and overlook our fortune in having certain luxuries: our dishwashers, our smartphones, our private cars. Yet even a short time away also under-scores how, within this world of amenities, we remain pressed — not just for time, but for contentment.

Fewer resources can spur resourcefulness. We see what's enough and creatively bridge gaps. Often, I end up using my memory, the database I don't depend on nearly enough when at home, to re-cord the present and recall the past. Our last morning in Guatemala, a small group of us hiked to an overlook. It began drizzling, and a rainbow stooped over the town. We aimed our cameras, but the rainbow didn't appear in anyone's photos, making it that much more of every-thing a rainbow should be.

So we just watched the sky and grinned at one another, like a family acknowledging a private joke that no one needs to put into words.

Shirley Stephenson wrote about "kayaking grandma" Deborah Walters for the November 2017 issue of The Rotarian.

Our District



PRID. Assoc. Prof. Dr. Saowalak Rattanavich, President of the Rotary Center in Thailand and the 4 District Governors were representatives of donations from Rotarians in Thailand to help the tsunami victims in Indonesia. The donation amount was 30,000 USD.

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Editor-in-Chief PP.Vanit Yotharvut

(RC.Maesai, D.3360)

PDG.Juthatip Thamsiripong Rtn.Dearrs Piboolwatthanawong (RC.Magkang, D.3340) PP.Trong Sangswangwatana PP.Dr.Natthanin Sestawanich

(RC.Pra Pathom Chedi, D.3330) (RC.Bangkok Suwanabhum, D.3350) (RC.Phrae, D.3360)

Rotary Institute

ZONE 6B-7A-10B

By... PDG.Anurak Napawan Rotary Club of Doiprabaht

Rotary

2018 YOGYA ROTARY INSTITUTE ZONE 6B - 7A - 10B 30 Nov - 02 Dec 2018, Yogyakarta - Indonesia

2018 YOGYA ROTARY INSTITUTE ZONE 6B, 7A iia: 10B 30 November - 02 December 2018 Yogyakarta, Indonesia

Over a hundred Thai Rotarians led by the District Governors and the District Governor Elects of 4 districts joined the Rotary Institute, the seminar in zone-level training at Yogyakarta, Indonesia. There were more than 1,200 participants from the zone 6B, 7A and 10 B on 30 November to 2 December 2018. The training was full of knowledge and friendship. Participants had a chance to visit Borobudur Temple which is the largest Mahayana Buddhist religious place in the world. There are also important seminars before the event. (Pre-Institute), including training for the District Governor Elects, District Trainers, Rotary Foundation District Seminar, and Training for District Representatives in the Council on Legislation (COL). Participants have gained knowledge, experience and inspiration to develop their club. We would like to appreciate PDG. Eva Kurniaty, Chairman of the hosting committee, and PDG. Jason Lim, the Vice Chairman, who organized this event with a great success.

On this occasion, PRID. Assoc. Prof. Dr. Saowalak Rattanavich, President of the Rotary Center in Thailand and the 4 District Governors were representatives of donations from Rotarians in Thailand to help the tsunami victims in Indonesia. The donation amount was 30,000 USD.

Rotary Institutes

Each year, past, present, and incoming district and senior leaders attend Rotary institutes to share information, build connections, and exchange ideas about Rotary International and The Rotary Foundation. The institutes usually meet for three to five days, and the program includes:

• An update on The Rotary Foundation and its programs A report on our polio eradication efforts

• A five-year forecast presented by a director or other Board representative

• An open forum where participants can make recommendations to the Board Local and international speakers sharing information on relevant topics

• A chance to network, reconnect with friends, and find inspiration for continuing your service and leadership in your community

• Entertainment and social outings

• During Council on Legislation years, Rotary institutes also include a session for Council representatives and alternates and a general session for discussing Council proposals.

Organizing the institute

An institute may assemble leaders from one zone, part of a zone, or several zones. The RI president designates one or more conveners to organize each institute and serve as his or her representative there. Past Rotary officers often participate as speakers, panellists, discussion leaders, and institute committee members.

Who can attend

Past, present, and future district governors, RI presidents, directors, trustees, and regional leaders attend Rotary institutes.





D.3330

Editorial District 3330, RI



PDG. Juthatip Thamsiripong Rotary Club of Pra Pathom Chedi

Happy New Year to all fellow Rotarians, time is flying, Now is the time to present and show our activities through Rotary Thailand magazine again. Hope these activities would be interesting and inspiring causing power to create imagination resulting in activities that exemplify Rotarians as well as others to know that we are people who are involved in society towards humanity with sincerity and concern for the world together.

I wish you all who have the opportunity to read Rotary magazine in Thailand, have the strength in mind, body, and wealth to devote to continue to serve.







"Volunteer Spirit" from Kongiampitee Family





Ms.Tanaporn (Kan) Kongiampitee Self-manage Family business, and the most admired volunteer

Happy New Year, I am PDG. Juthatip Thamsiripong I had a chance to meet and talk to P.Porntape from the Rotary club of Phrapradaeng and Rotary Ann Supaporn Kongiampitee and their daughter Ms.Tanaporn (Kan) Kongiampitee.

Ms.Tanaporn (Kan) takes really good care of youth exchange for D.3330 Rotary international. She is willing to apply the warmth of a Thai family with all exchange students, hence, the first few week children will experience and communicate in Thai.

Ms.Tanaporn (Kan) said that, her and her family know that the Youth exchange is a good program and she is excited to meet and take care of the youth exchange. Youth exchange students are different in both language and culture. They are accepting each other and being a family will turn difficult things to be easy. Her family hosted 6 youth exchange students for both short term and long term for the past 4 years. There are students from many countries, from Europe, America, and Africa. Each one of them can speak good English.

At first, these students wonder why my parents could not speak English even they had host many youth exchange before. But once when they are in our family, they realize that the language is not the problem. My father likes to teach and help them to learn Thai language, and my mother often smile and willing to take good care of them. At first, student might feel uneasy in adjusting, but if we could tell them and take good care of them, they will be able to adjust to our culture in a short time. The most important, is caring and thinking that they are our family member; they are our brother, and sister. I am the eldest sister and having more and more sisters, as a result my happiness is more and more too. We are not only giving love to them but they are also giving happiness to me and my family in return as well.

I often tell the youth exchange student that this is your home. Our home which will always welcome you. As a result, I still keep in touch with many youth exchange, and some event takes their family back to visit us in Thailand. No matters how long the time goes by; we are always the same family.

Finally, I would like to thank P. Porntape family and Rotary Ann Supaporn Kongiampitee as well as Ms.Kan for giving a good feeling to The Rotary and Youth exchange program D. 3330 Rotary International.





D.3330

Interview



CP. Apaladee Lekhakul Rotary Club of Khuanlang-Hat Yai

Intercity meeting D3330 RI.



D.3330 RI, organized the Intercity meeting two times for the area1-15 and 31 on November 10, 2018. After district governor finished his visit to the Southern area, it is time to summarize and conclude all activities of each Rotary club. As a result, Intercity meeting is another activity to assemble Rotarians for a better understanding on a half year of club administration.

I am charter president Apaladee lekakul of Rotary Club of Khuanlang-Hat Yai. I was honored by DG. Lt.Gen. Kanit Jamjuntra to be the chair of Intercity meeting # 1 area 1-15 and 31. At first , I was worried as we have only 10 members, but fortunately, we have human resources that are capable and willing to help for example PP. Ratchada Thepnava help for registration,PE.Dejduang Anusasanunta take care of finance, P.Pongsapat Ruangrongkiti SAA, PP.Antana Singnu take care of singing. Moreover, I also got help from AG. Amornrat Buranaphun and AG. Klanthip Saipia and manymore people from a total of eight clubs which I received good cooperation with warm and friendly friendship. For the theme party in the night, I encouraged people to use the southern batik as part of their costume. As a result, we organized a fashion show and also invited honor singer and encouraged people to donate money for the Polio Plus fund by way of their member ID and club ID. One activity can benefit in both fundraising and donations in the club. As for all those who have registered, we have already imported to the Polio Plus Fund.

We also received cooperation from many Rotary clubs in the South. For example PP.Somchot Saosri-oon set a photo booth. Rotary club of Betong sold fragrance candle to raise fund for Polio Plus Fund.,The Rotary club of Pattani also donated money. As a result we could raise the sum of 95,090 baht for Polio Plus Fund. I could say that Rotarians are those who are really willing and ready to help one another and everyone in this world.







The Rotary club of Nakhonsri-Veerathai join volunteer activity with Charaspichakorn Vocational College to sew artificial breasts to give to those who have been cut from breast cancer.





The Rotary club of Kanchanaburi organized "Love Reading, Wisdom, Brain Development" project and donated books to three schools as well as giving glasses to fifty elderly by having DG.Lt.Gen. Kanit Jamjuntra as a chair.

D.3340

Editorial District 3340, RI



Rtn. Deara Pibulwattanawong Rotary Club of Magkang

Recently, I had the opportunity to listen to the story about the beach volunteer from PDG. Onanong Siripornmanut, the District Governor of District 3340 in year2017-2018. She told the story of a guy who woke up in the morning to threw back the starfish to the sea as there are many starfish stranded on the beach and those starfish must be dried to death by sunlight. From this reason, the man woke up and threw the starfish back into the sea every day. Although his attempt might not be very helpful, but he still did it every day until someone noticed and came up to help the man throwing the starfish back into the sea more. Although the starfish were not entirely helped, this helped to make them more likely to survive than nobody did anything.

"Volunteer spirit" is a simple word that we have heard for many years. Prior to this, we normally used the word "Volunteers". However, these two words allow us to see pictures of those who voluntarily and volunteer to help, heal, or work that is beneficial to people and society. Their works aim for prevention and solving problems for social development without expecting a return of money or anything else. The rewards that volunteers receive are happiness, pride, and practical work that benefits the people, society and the nation.

We "Rotarians" are all volunteers. For example, in the project to teach children in the community, the activity was free of charge. This project was officially called Empowering People Empowering Nation. The project was handed over by Buayai Rotary Club of District 3340. The project encouraged children in the community to become interested more in learning especially English and Chinese. The project also included teaching Thai music to instill youth to







nteer



love playing Thai music and publicize Thai music when there is an opportunity. English is an international language and Chinese language will be the language used in many parts of Asia. A learning center was built from this project by Buayai Rotary Club, Nakhon Ratchasima. This project truly represents a volunteer spirit because whether it is a building or a teaching staff or a learning center were successfully done with the same intention to see the youth having a better educational future with pride of being Thai.

Rotary Family Udon Thani is another volunteer project. This project initiated by PP. Viroj Phiphatchaisiri. This is an integration of 4 Rotary clubs in Udon Thani Province to participate in good activities together. By recognizing that each club member has a volunteer spirit. They wanted to benefit people without expecting rewards. Anyway, doing different things each time will get a job that is not extensive and advantageous enough. 4 clubs working together would give more benefits, get more help budget, and get the cooperation of the members rather than the work of only one club. For Rotary family Udon Thani, it is not a task or responsibility, but it is the need to be fulfilled with the desire to give and to do good sacrifice without expecting any return. Many activities that the Rotary family Udon Thani have done together show their efforts and make serious contributions. This is an impressive image and received cooperation and support from various agencies and organizations.

Because we "Rotarians" have the spirit of giving all good deeds to our friends, and ready to sacrifice time, physical strength and wisdom for the public interest in activities, projects, or things that are beneficial to others, especially for people with less fortunate without expecting anything in return. We are happy to help others from problems or misery that has happened to them. We are happy to see tears turning into smiles.

Volunteer spirit is a work that increases human values. Amidst the consumerism, it is likely the people must fight for resources in the near future as we heard "Every man for Himself". However, many people are trying to change society by "giving". Volunteering is like "magic medicine" that helps to reduce the symptoms of selfishness and decrease one's self or one's ego. Rotarians, we all have this magic medicine with ours.

D.3340

Interview



Make merit by Volunteering **PAG. Ilada Sookbancha**

In this issue of The Volunteer Spirit Society of District 3340 RI, it is pride that we have the opportunity to share the story of Rotarians with "volunteer spirit". Past Assistant Governor. Ilada Sookbancha dovoted herself to do her best in service, especially, in helping people who are less fortunate. Ilada Sookbancha or Khun Nong is currently a member of the Rotary Club of Magkaeng, Udon Thani Province.

"I must say that I do not have many occasions to go to temples and making merit like other people. Not that I don't want to go, but many factors make it less possible. Therefore, I decided that if I don't make merit at a temple, I would make merit with people instead."

In my personal thoughts, I feel that people focus on going to the temple. People go there to make merit without being uninterrupted. However, those who are needy, lacking or underprivileged are difficult in finding someone who is

interested or giving help as we heard from the news regularly. Therefore, this becomes my personal intention that I will make merit by helping these people, doing as much as I can. if I am capable to help, I will do all the way.

Each year, I had an participate in various activities, able to do good things for those who need such as activities of Thai Red Cross, the Chamber of Commerce, Rajabhat Institute and NIDA. Activities are various such as being a guest speaker or experience sharing. Sometimes, I join a construction work. We invest not only self-strength, there is also a strong force from the office staff to help with their volunteer mind. Our work is including the provision of funds to buy supplies or making donation by our self. No matter what the activity is, the important thing is the happiness that can be obtained from doing for others. The pleasure to see who gets the most from what you give. That is we really make merit.

Intercity Meeting D.3340 RI

District 3340 RI organized the Intercity Kalasin on November 24, 2018. The Rotary Club of Kalasin was the host of the event. All Rotarians who attended the event learned how to do the Global Grant Project, Donation and DDFs that will come back or be used to make projects for the club in the future. We know the planning strategies for members to join the club meeting as much as possible. The knowledge provided is necessary for improving the club's activities.

In addition, we have learned the progress of outstanding projects of the district such as a drip machine from Rotary Eastern Seaboard, Kaem Ling Project, Water Bank Project from Rotary Club of Sakon Nakhon, and 4 clubs Rotary Family Udon Thani.

All of above are examples are pride of District 3340 RI. We hope that throughout this Rotary year, District 3340 RI will more have outstanding projects and happen continuously. As we, Rotarians, have made a mission to help mankind and create sustainability and strength the local communities and societies. We are all proud of what we have shared in the name of "Rotary".



Rotary Roi Et

Rotary Roi-Et donated water filters to Suvarnabhumi Kindergarten School (Municipality 1), Suwannaphum District, Roi-Et Province. Snacks and sweets were also given away on New Year.

Youth Exchange D.3340 RI.

DG.Surapol Thaveesangsakulthai presided over the opening of the "English Camp" for Youth Exchange students of District 3340 RI at Surin Majestic Hotel, Surin





Rotary Club E-Club 3340

Rotary Club E-Club 3340, led by P. Chaiwat Charoenwat, CP. Phantida Rojanawanasin and fellow Rotarians donated water filters to Wat Samet Pho Si School, Ban Map On School, Ban Nong Rahan School, Chantaburi Province. The objective is for children to have clean drinking water and good hygiene.

Rotary Club of Khunying Mo-Korat

Rotary Club of Khunying Mo-Korat delivered 30 bikes to be used for public, Nong Non Tai Kaem Ling Project, Sakon Nakhon Province. The objective is to honor the late King Bhumibol Adulyade



สโมสรโรตารีอีกลับ ภาก 334(

มอบเครื่องกรองน้ำ

รียนวัลเสม็ดโพธิ์ศรี โรงเรียนบ้านมาบโอน โรงเรียนบ้านทนองระทาน

Rotary Club of Sisaket

PP. Somchai Chaosuan, Vice President of Rotary Club of Sisaket, along with members and spouses being honored in the training program to educate Village Health Volunteer of Kanthararom Hospital. The training included maternal and child health matters which is the activity due to the delivery of mother and child ultrasound according to the GG project # 1753551



D.3350

Editorial District 3350, RI



PP. Trong Sangswangwatana RC. Bangkok Suwanabhum

Happy New Year, Dear Rotarians

We present a story about volunteering in the magazine, this make me think of 2 persons who are not even Rotarians, but have been together in activities. Therefore, I would like to present that volunteer work can be done in the form of individuals and organizations

I know Khun Julie (Sumalee Jarusvichakorn) for so long that I can't remember how to start. At that time, she was not the director of the FORDEC Foundation. I saw the true intention of her work, her enthusiastic and creativity. She is always fast when working together. We have always participated in activities between the foundation and the Rotary Bangkok Suwanabhum that I belong to. We took turns as givers and recipients.

As for the Khun Knot (Narusorn Bunsiri), I just know him not for a long time. He was the one who submitted the application of a role model youth to the Rotary Chatuchak in September. I have attended this event since the previous year and joined as the judging committee in this year. It is a pity that Knot has not been selected as one of the 50 people who have won from the total of 350 candidates across the country because he has received many awards. In being a model youth, I therefore saw that this was a great opportunity to bring him into 1 of the examples of people with volunteers.

In the matter of Rotary information, PDG. Yongvudhi Jongkittipong, who attended the first Intercity meeting of District 3350 RI in November at Sing Buri Province, saw that many Rotarians do not have much understanding in club management. Therefore, he summarized some points for us to read on this issue.

Hope everyone will learn more and be inspired from the story presented here.



Volunteer S

"Julie - Sumalee Charat Jarusvichakorn" was born in 1971 at Betong District, Yala Province. She graduated her Bachelor's Degree from the Faculty of Humanities, Ramkhamhaeng University, Master's degree in Human Ecology Family and Social Development for Sukhothai Thammathirat Open University, Modern Managers Program (MMP), Faculty of Commerce and Accountancy, Chulalongkorn University and Mini Master of Management Program (MMM), Faculty of Public Administration, National Institute of Development Administration (NIDA). She is currently the Director of Foundation for Rehabilitation and Development of Children and Family (FORDEC) (2010 - present)

The starting point and the turning point that makes it interesting to work to help others.

From very poor families, she had dreamed to be a "nurse" with an intention to help and service people with sickness. She would like to study at the university level, her possible choices and reality was to study and work at the same time.

When she was in grade 6, she was chosen as a student representative to take the scholarship for scholarship of the King Rama IX, but she could not to arrive at the examination place in time because of the distance to Yala city is very far.

At the age of 20, the first organization that she was particularly interested and phoned to inquire about was the Thai Red Cross. She was questioned "Do you have any relative who work as a soldier?" The answer that is clearly answered is "No." Later, she started her first job in a dental clinic, a company and a charitable organization, respectively. Until in 1998, she began working since the founding date of the Foundation for Rehabilitation & Development of Children and Family – FORDEC. The foundation will complete the 21-year anniversary of Valentine's Day on February 14, 2019. The founders of this foundation are former



pirit, Sumalee Jarusvichakorn (Julie)

street boy begging for money. There was no hope even if there is a better life tomorrow. (Dr. Amporn Wattanawong, Chairman of the Board). He wanted to weave the spirit of love for others to be concrete under the operation motto that "To those who are suffering ... from love". The vision is to be a charity organization that provide services to help the underprivileged and people in difficult conditions without barrier of race and religion. The foundation focuses on improving the quality of life based on the principles of good deeds and honest to the giver, and sincere to service recipients, quality management and service with love.

The view of the word "volunteer spirit"

Julie replied that volunteer spirit was a person who had good deeds, whether in the form of individuals, groups or juristic persons who perceive the importance of volunteer work with independent minds, love, aim for good value to fellow human beings besides their responsibility. They want to see smiles, happiness and create happiness for others and they will be happy from that action. "The power of volunteerism" will create the power of cooperation from sharing capital, wisdom, physical strength, time, as well as necessary factors for others and society as a whole. Therefore, if there are volunteer in every part of the world, the power of happiness peace and smile on this world will be more and more.

The impression of being a "volunteer" with Rotary

The opportunity to get to know "Rotary Club" makes it possible to open up the world to experience, learn and have friendship, knowledge, experience in various fields from individuals and clubs. Rotary is a private organization that has volunteers gathered from a variety of professional fields. Both business and professional members have the spiritual power of being volunteers that contribute to the world's greatest society. This caused the impression in Rotary especially the Rotary Club of Bangkok Suvarnabhumi which is a partner participate in activities for a long time. Even though the club has not many members, the club has abundant power because there are lovely Rotarians who have kind heart and do service above self.

In addition, Julie has allocated time to volunteer to help other non-profit organizations on the basis of the costs and resources she had.

A biological clock that starts every single day.

When waking up, I always tell myself that today is a good day, working and realising the value of time. The heart of the organization is "More than being a smart person is to be a good person" and want to say that

FORDEC Foundation is fortunate to have a loving sponsor who care our organization with kindness. We have a board of advisors and a team who has volunteer spirit. One of the important elements is "Good people who give to good people.", enabling the organization to manage risks and survive to this day. By realizing that "We can help those who are in difficult conditions, allowing them to be able to rely on themselves in the future, This is to help reduce the problem of children, family and society.

Thank you to all organizations and all environmental factors that have passed into life and make my biological clock valuable and meaningful to this day.

Motto

Think well, act well, be modest, listen to others, based on integrity

Interview



Narusorn Bunsiri (Knot) New generation and volunteering

If we observe the modern world that is rapidly changing, besides the technological advances, another thing that shows how being a new generation and having a sense of 'World Citizenship' is the 'Volunteer Spirit'.

Narusorn Bunsiri or Nut, a 23 years old guy who graduated in Engineering from the King Mongkut's University of Technology Thonburi is one of the new generation people who are interested in this kind of service. When he has time from his regular work as a mechanical engineer of Double A (1991) Public Company Limited, he devotes his time to volunteer work. Narusorn revealed the beginning of this field work was when he participated in a youth project hich was organized by the Duang Prateep Foundation and network partners in 2016, giving him the opportunity to experience deeply the problems that surround the community in which he lived. "I found that children in most projects lived in the Klong Toey community area. This is an area where problems with children and youth normally occur. I was therefore inspired to participate in activities organized by the Klong Toey community until receiving the trust of the children in the Klong Toey District. I was chosen to be the President of the Children and Youth Council in Khlong Toei District "

During the term as the president, Narusorn has also stepped up as a president of many potential development programs for children and youth, whether it is the Youth Council Assembly of Khlong Toei District, Creative community Projects for Savings, Colgate Project Love Teeth, Love Community, etc. These are all projects aimed at improving the quality of life of children and youth in Khlong Toei Community, Bangkok. From past works when we was young including being a youth, volunteering to join the blood donation program organized by the Rotary Club of Chatuchak in collaboration with the Thai Red Cross Society, the name of Narusorn Bunsiri has been proposed for consideration of "Master Youth Award" of the Rotary Club of Chatuchak later. But what he hoped from this work was not in the form of a reward or any honor ... "In addition to using free time in a proper way, doing activities with these children help improving the potential of children in the community. We are counselour in both family life and education, as well as helping to coordinate with relevant agencies in order to provide effective and sustainable solutions for children and youth, whether it is a drug problem, premature pregnancy and family violence. Seeing children have the opportunity to study in higher education from our advice makes us feel good that we have helped to change the lives of one person."

In addition, Narusorn also said that Voluntary work is an important opportunity for students to learn about project management tasks. Working with the government practices leadership skills and teamwork. These activities provide maximum benefits both with project participants, and they also can bring various skills from volunteer work to apply in working life as well. When asked about the most proud volunteer project in life, he told me with the joy of being the President of the Klong Toey Children Program. This is a program which to prepare volunteer readiness in the Royal Cremation Ceremony of His Majesty King Bhumibol Adulyadej (King Rama IX) "Because we are the only child and youth agency that has prepared such a preparation project to create unity in the royal ceremony. The result of the project was found that children and youth volunteers understood their duties in the royal ceremony. They were able to perform duties together with government agencies, private sectors and civil society in a proper way."

This is one example of a new generation who is willing to work voluntarily and earnestly. "The mental happiness that cannot be considered any value is the reward of true volunteer work," Narusorn concluded.



การประชุมระหว่างเมือง Intercity Meeting หัวข้อการประชุม "*สุพิจโมโรตารี*" Happiness in Rotary วันอาทิตย์ที่ 18 พฤศจิกายน 61 ณ ภัตตาคารโพบูลย์ไก่ย่าง อ.เมือง



Intercity Meeting Topic

"Happiness in Rotary" held on Sunday 18th November 2018 at Phaiboon Restaurant Roasting Chicken, Muang District, Sing Buri Province. There were 81 participants from 16 clubs.





Rotary District 3350 RI Rotarians of District 3350 RI led

by DG Nakarin Ratanakitsunthom planted vetiver grass in a Good Day With Rotary Project at Nong Non Tai Kaem Ling "Planting Vetiver Grass" at the Nong Non Tai Kaem Ling Project, Sakon Nakhon Province.

Rotary Bangkok Suvanabhumi

Providing educational equipment for 3 schools in Prawet District as a new year gift.

D.3360

Editorial District 3360, RI



PP. Dr. Natthanin Sestawanich Rotary Club of Phrae

Hello all readers. In the past November and December, clubs in district 3360 clubs done many good activities for the community to celebrate the coming new year. The important thing is that December is the month of friendship in Rotary. I believe that every club will organize a Rotary Family Night to celebrate the New Year. By bringing the family to meet, some clubs may have gift exchange activities or give rewards to members in order to create unity and friendship within the club.

Throughout the past half year of Rotary, we can observe many activities of the club in the District 3360 that have collaborated with various public or private organizations, as well as youth clubs such as Early Act Club, Interact and Rotaract were also had the opportunity to participate in various service activities, which is to create good consciousness in the service above self or also having a chance to train themselves to be a "volunteer".

This issue is a special edition which will present about the story about volunteering in order to inspire all Rotarians to and create a new idea of doing activities and attract more participants not only Rotarians as well as focus on the sustainability of the project.


Information from the volunteer aka "Flower with a mustache"

Compiled by PP. Dr. Natthanin Sethavanich

December is a month with many important dates, starting from 5 December as "Father's Day" followed by 10 December as "Constitution Day" while the end of the year 25 December is "Christmas Day" and Of course, December 31 is a new year, but do you know what is the importance of 27th of December?

this day is not only the 27th day of the month

this day is not only the 362th day in the calendar.

this day is not only the anniversary of the Apollo 8 ship returning to the world.

this day is not only the day that of the bombing of a car bomb in Karbala, Iraq.

December 27 is also the "Volunteer day" which is also another important day.

How did this volunteer day have its origin? If we go back in time after the loss incident on December 26, 2004 from the "Tsunami" in the South of Thailand. One day after, there were the wave of volunteers flowing into the disaster area to help the victims. Therefore December 27, a day after the incident was recognize as the "volunteer day". For clearly understanding without confusion by the knowledge and direction of my thoughts, I therefore rely on ideas and opinions from many people which was explained the word "volunteer" clearly.

... Phra Phaisan Visalo ...

"The essence of volunteering is the mind, the mind of the volunteer is a spirit that wants to help others or think about the public benefits. Being a teacher, merchant, businessman, civil servant is not an obstacle to be a volunteer if we are having a mindset of awareness in public benefit. We need to always realize that 'volunteering' is not a career but it is a reasonable consciousness that lives together with our humanity until the last day of our life.

Dr. Prawet Wasi, Senior Citizen, mentioned in the case study

"Volunteer work" Now, what the society wants and yearns for is the world of humanity mind. The humanity mind is a sense of kindness, mercy, and willing to help each other. We can create a society with humanity mind by being aware of the good deeds which had been done by other people in society and trying to support them as well as we can. For example, we have over ten thousand schools and

27 December "Volunteer Day"

universities but all only for academic studies. If there is a policy or curriculum that encourage students to seek for good deeds in their society. Think about if there are ten thousand students there might be ten thousand good deeds be recorded every year in every school and university. This will make people get to know more about doing good deeds. And all the mass media we have must help in presenting the story of good deeds in the various channel such as radio, television, newspapers. Then the goodness will have power in society.

Mishita Champates Sodsutti

(Article from Prachachat Business, Column: Administration and Organization Management, Episode 38)

What is the volunteer spirit? Volunteer is to be mercy to others with a humble mind not to give with sense of being superior or to look down on the receivers. It is to give away our own identity working on service for others while we also have a chance to purifying our mind at the same time. A volunteer is a person who willingly helps society and other people and at the same time the recipient will giving proudness and happiness back to the volunteer as well. Once a person is helping another person, he will gain happiness for himself by feeling better from doing good deeds. So, volunteer is to give money, goods, work, ideas, power and so on, helping others or society to be better.

Pravit Phisuthisopon

The volunteer is the person who has the mind of giving such as give material, money, force, and ideas to help others. It is to sacrifice property or even times for the public and also help themselves to reduce their "ego" or self-identity. Volunteers are necessary for our society if we have more people think about public benefit it means the more happiness we could have for all. Being a "volunteer" in any way makes a positive benefit and it is what we all should do. The volunteer is nor limited by age, education, gender, occupation, social status or any limitations, just need to have willing to help.

After all of you have read the meaning of volunteer from some individuals above, which one do you think it is the best definition of the spirit of the volunteer? I believe that in every heart of Rotarians, we all have the spirit of volunteer. We are doing good deeds for our society through various service projects. Therefore, I hope this article could remind all Rotarian that December 27 of every year is the "Volunteer Day".

D.3360

Interview



Dr.Saranya Sukanthachaiwong, MD. "Voluntary Medical Unit Project"

Today I would like to bring you to meet with a good sample of volunteer. Dr. Saranya Sukanthachaiwong or Khun Mor Nok is the originator of "Voluntary Medical Unit Project". Hopefully, this interview of Khun Mor Nok could inspire you to initiate

a voluntary project of your club which could help about the sustainability of the project.

Hello Khun Mor Nok How many years have you been a doctor? Khun Mor Nok: Hello. I graduated from the Faculty of Medicine Chiang Mai University since 1989, after graduation, I worked for payback the scholarship in Khun Yuam Hospital, Mae Hong Son for 4 years. After that, I continued to study in Specialized Medicine Doctor at Chiang Mai University and after graduating I have worked at Phrae Hospital since 1999.

How many years has the Voluntary Medical Unit Project been implemented? And what was the beginning of this project?

Khun Mor Nok: The Voluntary Medical Unit Project has been operated for 3 years. The initiative originated from Mae Hong Son when I had a chance to be part of the Princess Mother's Medical Volunteer project in the remote area of Mae Hong Sorn and I was very impressed. Then I thought we could do the same thing in Phrae while there are many communities in the remote areas that we could send the Voluntary Medical Unit Project to help. So, we encouraged staff to volunteers in taking care of the patients. After the staff had a chance to visited the patient at home, the staff realized the difficulty of the patient in traveling to the hospital. As a result, the service behavior of the staff has changed in a better way.

How to prepare the project on the first start? And how to prepare the project now?

Khun Mor Nok: Starting from announcing to the others to know about the project. At first, I thought I will use my personal budget to buy medicine and use my private car for traveling. But after the project was announced someone had suggested that as a government officer if we doing this kind of project, we should request for permission from the hospital director as well as contact the local authorities to facilitate the project. Then I went to meet with Dr.Wanchai Lorkanchanarat, the director of the hospital and he said that the hospital is willing to fully support the project and requested for a project proposal. The hospital will support the medicine, as same as always give supports to every request from other authorities. So, the hospital's pharmacy team had provided medicines to the project. After that our team had an idea about how to make the patients be able to take care of themselves? Because of the distance from the city, they are unable to contact with the outside world especially in the rainy season with flooding. So, we educated people about health education and how to take care of



themselves in particular including basic resuscitation instruction. In addition, there is also the training of self-care to prevent the disease from work such as muscular diseases. In some case of patients with chronic diseases and cannot manage to receive medicine or treatment from the hospital, our team will help by checking and analyzing their body and adjust the medicine as well as give the advice about the correct behavior. We also focus on visiting bedridden patients. We will coordinate the district public health before having a Voluntary Medical Unit Project to prepare patient information in the area including bedridden patients who need our team to visit. There was one impressive case, he was a psychiatric patient who couldn't go anywhere and refused the treatment. The people around him thought he was sick, psychiatric, so they did not take good care of him. But when we visited, we found that he was infected with the bloodstream by the unidentified cause and had not received any treatment. So, the patient getting worse day by day. We decided to took him to the hospital suddenly and he was cured and be able to survive back to normal in finally. This made our team feeling very happy.

What is the return or what do you receive from the volunteer medical unit?

Khun Mor Nok: The reward is not the money. It is something that complements for our hearts. It is a feeling of joy in the heart from helping others. All staff also feeling the same because we are a doctor, the scholarship we use for studying medicine is coming from taxes. So, what we should do is trying to bring our knowledge to the public and made it easy to understand and apply.

What are the problems and obstacles encountered to implement a volunteer medical unit? And how to fix it?

Khun Mor Nok: The very first problem and obstacle are that some medicines are expensive, the hospital cannot support it. Some doctor in the mobile unit are specialized doctors and want to use specify medicine but the hospital cannot support it. However, after Rotary Club had involved with the project by supporting the budget to buy the medicine that the hospital could not support this problem has gone. Moreover, the help from Interact Club members in arranging queues for the patient and serve them into each service base also help the team to work smoothly.

What is the word "volunteer spirit" in your view?

Khun Mor Nok: The volunteer spirit in my point of view starts from the heart which makes somebody help something that is not his duties. Listen to our heart and do something we could. Even though it is a little thing, but volunteering will make this world better. If people have generosity towards each other, then there will always be hope for every human and nobody has to feel lonely and think they were left behind. It's good to know that there are still another group of people ready to help without expectation for any return.

Finally, would you please give something to inspire Rotarians and all readers who interested in working as a "volunteer "

Khun Mor Nok: Volunteer does not need to use a lot of knowledge. But using the mind that willing to the others on anything we could do. There may be some sacrifices, such as sacrificing time, sacrificing physical strength, sacrificing some money. But what we will receive is more valuable, it is something that cannot be described, you must experience it by yourself.



The Rotary Club of Sila-Assana together with the Rotary Club of Uttaradit and the Rotary Club of Pichai Organized the Intercity Meeting of district 3360 Rotary International at Siharat Hotel, Uttaradit Province. There were 150 participants joined this event.



Rotary clubs in Phitsanulok, Sukhothai and Kamphaeng Receive 50% of EREY Awards from the donations from club members. And participated in the District Grant project at The Tea Room. The Rotary Club of Phitsanulok received 3 units of Oxygen Concentrator machine and another 2 electric suction machine which will be handed



Rotary Club of Phitsanulok

Rotary Club of Phitsanulok and Buddhachinaraj Hospital, Phitsanulok Province held a 1-year anniversary of KuerKual Shop. KuerKual Shop is a shop that the club was established together with the Nimphitpong family which has the purpose to provide income to support the fund



Rotary Club of Sukhothai

President Sangvian Khamrun, President of the Rotary Club of Sukhothai and club members handed over the wheel-chairs to the Krai Klang Subdistrict Administrative Organization.



over to the hospital for the benefit of the community and the purpose of Rotary International.

Chiang Kham Rotary Club handed over medical equipment to Chiang Kham Hospital.



to take care of life-threatening illness or bedridden patients. Helping them passing the last period live by helping them feel comfortable and releasing. The Rotary Club of Phitsanulok has started collecting good condition second-hand clothes and sold at a cheap price and give the income to fund Kuerkual Shop.



The Rotary Club of Song

The Rotary Club of Song joined the forest planting activities with the Volunteer Citizen Forest Protection Project. And brought the orange juice to serve to the participants.

Lake of Love

THE

A comment by PRIP.Bhichai Rattakul on the day of tree and Vetiver Grass planting

"Who would think that one day we will have an opportunity to express our love for His Majesty King Rama IX. Our gathering today under the strong heat of the sun to plant Vetiver Grass is His Majesty's policy; and this Lake of Love is one of his many thousand projects. We come here today to show our love in a concrete way. I am 93 years old, but I will help plant Vetiver Grass. This is because I strongly believe that planting the grass means that we give all our heart to His Majesty. We don't know where he is now, but I feel that he sees us and understands us."



On December 15th, 2018, more than 250 Rotarians from all districts under the leadership of the four District Governors joined about 300 villagers to plant trees and Vetiver Grass around Sala Karun Building - a 9-angle (nonagon) building - and the project area. Sakon Nakhon's Land Development Station and Forestry Research Center donated 40,000 Vetiver Grass and 120 trees respectively. This event was chaired by PRIP Bhichai Rattakul. Dr. Suriya Wiriyasawad - Deputy Governor of Sakon Nakhon, Miss Jiraporn Berkbandee -Agas Amnuay District Chief, Mr.Niphon Mangkornkaew - Director of Sakon Nakhon's Regional Irrigation Office, Mr. Suriya Yuenyong - Director of Sakon Nakhon's Land Development Station, Mr. Panom Booncharn - Chief Executive of Pone-Gnarm Sub-district Administrative Organization, Mr.Sunthorn Chuayraksa - Chief of Pone-Gnarm Sub-district, Mrs.Ladda Palakrai – Mayor of Tagon Subdistrict Municipality, the headmen of Sao Wat village, Ban Dong Siew village and Na Wai Village also participated in this campaign.

The planting activity was completed at about 1:00 p.m. After that lunch, provided by women groups from the three villages and Rotary Club of Sakon Nakho, was served to all the participants while enjoying the performances by Ban Pone Gnarm School's students.

etiver Grass"

By PP.Niwat Boonyasiriwong Rotary Club of Sakon Nakhon

In the afternoon, Rotary Club of Bangkok Suriwong and Rotary Club of Bangkok Klong Toey presented 60 used bicycles from Japan to the students. Other activities included Rotarians of District 3360 providing eye glasses to 150 villagers, District 3350 donating Preserve the World bags (reusable shopping bags), District 3340 presenting another 30 used bicycles donated by Rotary Club of Khunying Mo-Korat to the students, and District 3330 handing out 300 T-shirts.

Furthermore, the villagers displayed and sold indigo dyed fabrics and other local products which were well received by the attendees. Children had fun with the swings and slides on the playground. All were satisfied with and thankful to Rotary for offering them good things in life.

All the activities went well as a result of the cooperation from Rotarians in Thailand who attended the event. Our appreciation also goes to the villagers of Sao Wat, Dong Siew and Na Wai for their cooperation from the beginning of the project, and also the Rotary Club of Sakon Nakhon which is the local club acting as a coordinator and the area's host.

The landscape improvement and the dredging

projects have not yet been completed. In addition, more trees need to be planted in a 12-rai (about 4.5 acres) public park and more Vetiver Grass has to be grown on the bank around the Lake of Love.

Before Today

8

The Lake of Love Project financed by Rotary clubs in Thailand was launched on December 5th, 2017 at Ban Sao Wat, Moo 6, Pone Gnarm Sub-district, Agas Amnuay District, Sakon Nakhon Province by PRIP.Bhichai Rattakul, Chairman of Rotary Thailand District Foundation, fellow Rotarians, the villagers and officials of Agas Amnuay District. The purpose of the project is to help alleviate drought and flood problems for the people living in the three villages (Sao Wat, Dong Siew and Na Wai). -Sakon Nakhon's Regional Irrigation Office is responsible for the construction of the Lake of Love.

Besides dredging the Lake, the landscape has been improved through the construction of a 9-angle building (a nonagon structure), a water filter plant and a waterfront pavilion on a 5-rai piece of land (about two acres). Also, fruit trees and shrubs donated by the villagers of the 3 villages

Lake of Love

of the 3 villages have been planted on the 12-rai piece of land and around the buildings. PP Jaran Patjorn from Rotary Club of Phangnga, a tree expert, was also at hand when planting of all those trees.

The Lake of Love dredging work began in April 2018. The ground was dug to make a small reservoir (812 meters wide X 1,000 meters long X 3.5 meters deep) with water capacity of 2.4 million cubic meters. The soil dug was also used to raise the level of a 3.8-kilometer old road from Ban Sao Wat to Ban Na Wai. Sakon Nakhon's Provincial Administrative Organization supported this project by sending graders and rollers for the road work. When rainy season started, the ditch work was partially done; therefore,



Rotary 40

was officially canceled. However, the Committee had to use the villagers' fishing boats to travel to the site and plant Vetiver Grass themselves, because Sakon Nakhon's Land Development Office had already prepared 80,000 Vetiver Grass. Soldiers from Sakon Nakhon's Army District 29 and rescuers from Agas Amnuay District brought 5 flat-bottom boats to help plant the grass, too. Consequently, the work was successfully completed.

In October 2018, water started to subside and the site was accessible. Sakon Nakhon's Provincial Administrative Organization sent the graders and rollers to the site once again to raise the level of the old road by 2 meters while Rotary supported on gasoline expenses. It is expected that the road will not be flooded in the future; and it will be convenient for the villagers to travel.

Amazingly, less than 5% of almost 200 trees that were nurtured and prepared for planting around the buildings were damaged by the floods.

In order to allow fellow Rotarians in Thailand to see the progress of the project and continue the project according to His Majesty King Rama IX's initiative, Vetiver Grass planting was held on December 15th, 2018, and the event was called "Tree and Vetiver Grass Planting".



(Photo on the left) PRIP.Bhichai Rattakul, Chairman of Rotary Thailand District Foundation, planted a tree.

(Photo above) Rotarians of all 4 districts joined in the Vetiver Grass Planting around the Lake of Love Project area in Sakon Nakhon.



On December 15th, 2018, I had an opportunity to join "A really good day with Rotary at the Lake of Love" along with fellow Rotarians from District 3330. Many saw that the Project, which is in line with His Majesty King Bhumibol Adulyadej's initiative, has made a lot of progress. We joined in the tree and Vetiver Grass planting and presented necessities to the villagers living in the area of Nong None Tai. Everyone was happy, and many of us had the same feeling. We all missed His Majesty greatly, and we believe that we went there overwhelmed with loyalty to him. What has inspired Rotary to be so committed to this Lake of Love Project? The inspiration came from our gratitude to the benevolence of His Majesty King Bhumibol Adulyadej. During the 7 decades of his reign, His Majesty dedicated himself to improving the life of the Thai people which has led to the country's current sustainable development.

I'd like to express my sincerest appreciation to everyone who played a significant role in the complete success of this Project which has made us so proud.



The Vetiver Grass planting at Nong None Tai on December 15th, 2018 has made District 3340 very proud. As the local host, we received full cooperation from all parties concerned including the government and people in the area. In addition, all members of Rotary Club of Sakon Nakhon should be commended for their dedication to the preparation of this Project.

On the day of the event, we saw the readiness of Nong None Tai to receive water for agricultural purpose. I was truly happy to see Rotarians from all districts there on that day. It reflected that once we cooperate, something bigger than us can become real. I saw the efforts of PRIP Bhichai Rattakul in planting Vetiver Grass. It made me feel that I had not done enough for others when compared with him.

I'd like to commend Rotarians from all districts of Thailand for their participation in the Vetiver Grass planting which was a huge job. Many came from as far as the north or the south, but they sacrificed their time to join the activity and make this Lake of Love an important place to help the people of Sakon Nakhon to be able to farm during the dry season. We have already made merits together!



On December 15th, 2018, about 90 Rotarians from District 3350 traveled to Nong None Tai in Sakon Nakhon to join "the Tree and Vetiver Grass Planting" to honor His Majesty King Bhumibol Adulyadej at the Lake of Love Project site. We, Rotarians in Thailand, are very proud to be a part of this project by making donation, sacrificing our time and using our knowledge to create this wonderful project. We were very pleased to have the opportunity to plant trees and Vetiver Grass with our own hands and to participate in the afternoon activities by distributing 500 bags publicizing the event and the Lake of Love Project to the villagers of Nong None Tai and the nearby areas, and to Rotarians who joined the event. Those bags are reusable shopping bags that can help reduce global warming and also be kept as souvenirs.

We'd like to thank PRIP Bhichai Rattakul for inspiring and

reminding us to be grateful to His Majesty King Bhumibol Adulyadei's benevolence. His Majesty's intention was to construct a monkey cheek in Nong None Tai area to help the villagers who lacked water for living and for agriculture. Under the current leadership of PRIP Bhichai Rattakul, we, Rotarians in Thailand, have successfully brought one of His Majesty many wishes to fruition and also displayed our absolute loyalty to him in a concrete way.

Lastly, Rotarians of District 3350 would like to thank Rotary Club of Sakon Kakhon - the main coordinator, every Rotarian who took part in this project, all sponsors and the staff of Rotary Center Thailand for their dedication to this project from start to finish.

On behalf of District 3350, I'd like to wish you all happiness, prosperity, good health and wealth.



December 15th, 2018 was a very good day when 40 Rotarians from District 3360 were ready to go to Nong None Tai, Agas Amnuay District, Sakon Nakhon Province to take part in the Vetiver Grass planting. This activity was a part of the Lake of Love Project initiated by PRIP Bhichai Rattakul who wished Rotarians to show their loyalty and love to His Majesty King Rama IX. Once we arrived there, we found that the place was really impressive. It's huge and the whole area was landscaped for 2-fold benefits for Nong None Tai people - a water source for the community and a future tourist attraction. Everyone at

the event had fun, was very happy and willing to participate. Under the leadership of District 3360 Community Service Chairman, we distributed eye glasses to the villagers. Despite the extreme heat of the sun, we were determined to help plant the Vetiver Grass that day, and we are looking forward to joining the official opening of the Lake of Love Project in the future.

I'd like to thank all Rotarians of District 3360 who made donation and participated in the hands-on-service by planting the Vetiver Grass.



การประชุมใหญ่ประจำปี 2561-62 ภาค 3330 โรตารีสากล

29-31 มีนาคม 2562 โรวแรม ไมด้า แกรนด์ ทวารวดี า.นครปฐม

> BE THE INSPIRATION



BE THE INSPIRATION



DISTRICT CONFERENCE การประชุมใหญ่กาก (DC) ภาค 3340 7-9 MARCH 2019 ณ โรงแรมเนวาตั คอนเวนชั่น โฮเทล อุบลราชธานี

ชื่นสุขสันต์ วันตุ้มโฮม Thai Isan Dress Style

เหิญร่วมงาน ฉลองครบรอบ 50 ปี สโมสรโรตารี อุบล 7 มีนาคม 2562

Rotary 🔇



ภาด 3360 โรดารีสากล ขอเชิญมวลมิดรโรแทเรียนและดรอบดรัว เข้าร่วม

การประชุมใหญ่กาด 3360 District Conference 2018 - 2019 ปี 2561-2562

The Inspiration in Chiangrai The City of Ant



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ไรตารี ร่วมสร้าง แรงบันดาลใจ

วันที่ 6-7 เมษายน 2562 ณ โรงแรมเวียงอินทร์ จ.เซียงราย ลงทะเบียน 1,500 บาท (เฉพาะงานศี่ยง 800 บาก)

ลงทะเบียนส่วงหน้าคิดค่อประธานจัดงาน อน.อภิศักดิ์ จอมพงษ์ สโมสรโรดาวีแม่จัน โทร. 081-8857426 🥥 Line : songbad222

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Rotary

16-17 มีนาคม 2562 โรมเรม รอยัล ฮิลล์ กอล์ฟ รีสอร์ก แอนด์ สปา, นครับายก

Rotary Centre Thailand



Message from the Chairman of Rotary Center

Dear Fellow Rotarians,

Before 2018 ends, I'd like to wish you all the best for the new year.

I'd also like to express my admiration for Rotarians from all clubs of the 4 districts in Thailand for the help provided to those affected by the disasters. The earthquakes and Tsunami brought losses and sufferings to many hundred thousand people in Thailand, Japan and Indonesia. The total donation of 1,100,500 baht, which may seem small when compared to the number of people affected, has inspired Rotarians worldwide and in Indonesia to continue their work for the victims' better life.

Our appreciation also goes to more than 200 Rotarians from all districts of Thailand who helped complete the Lake of Love Project by planting trees and Vetiver Grass at the project site in Sakon Nakhon on December 15th, 2018. The work truly impressed the people of the province and those who joined the activity that day particularly PRIP Bhichai Rattakul. This picture of our unity will last in Rotary Thailand's memory for a long, long time.

Certainly, we will move forward together to implement many other activities by having Rotary Center Thailand as the center of communication and cooperation for both Thailand and overseas. One important event which has already been prepared is the Multi-PETS to be held from the end of February



to the beginning of March 2019 after the 4 District Governor Elects return from Rotary International Assembly. In addition, the Multi District Conference and the District Training Assembly will follow closely. Rotary Center Thailand's staff have already made plans to manage the translation of all related documents, publicity of all events and coordination among the various parties.

Rotary Center Thailand's Committee regularly holds unofficial meetings via Line in order to propose ideas. However, an official meeting will be held in January to propose important resolutions which will benefit Rotarians of all clubs and districts in Thailand.

I do hope that Rotary Center Thailand will continue to receive full cooperation from fellow Rotarians. Thank you very much.

Yours in rotary,

(PRID Associate Professor, Dr. Saowaluck Rattanawit) Rotary Centre in Thailand's Chairperson

Number's Rotary Data source www.rotary.org , 10 December 2018

Districst	3330	3340	3350	3360	รวม
Members	2,457 (2,323)	1,537 (1,472)	2,992 (2,796)	1,424 (1,348)	8,410 (7,939)
Clubs	101 (99)	67 (67)	112 (110)	68 (68)	348 (344)



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Join in to make

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Rotary Club of Roppit provided eye care service and distributed eye glasses to students with eye problems.

Rotary



PEOPLE of ACTION

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การสัมมนาอบรมนายกรับเลือกร่วมภาค

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ภาค 3330, 3340, 3350, 3360 โรตารีสากล

วันที่ 1 - 3 มีนาคม 2562 ณ โรงแรม หรรษาเจบี หาดใหญ่, สงขลา

2019 Multi-District Presidents-Elect Training Seminar Districts 3330, 3340, 3350, 3360 RI 1-3 March 2019, Hansa JB Hotel, Hatyai, Songkla

กำหนดการ

วันศุกร์ที่ 1 มีนาคม 2562

10.00 - 17.00 น. ลงทะเบียน 4 ภาค 17.00 - 18.00 น. รับประทานอาหารเย็น 18.00 น. พิธีเปิด การประชุมครบองค์ ครั้งที่ 1 21.25 น. ถ่ายภาพหม่ แต่ละภาค วันเสาร์ที่ 2 มีนาคม 2562 08.30 – 17.10 น. ประชุมครบองค์ ครั้งที่ 2, 3 18.30 – 21.30 น. งานเลี้ยงสังสรรค์นายกร่วมรุ่น 115 การแต่งกาย - Navy Blue

วันอาทิตย์ที่ 3 มีนาคม 2562

08.30 – 13.00 น. ประชุมครบองค์ ครั้งที่ 4 13.00 -14.00 น. อาหารกลางวัน

มีโปรแกรมทัวร์หล<u>ากหลาย – ท่องเที่ยวปีนัง-เบตง</u> ย่านเมืองเก่าสงขลา ก่อนการประชุมา สนใจติดต่อ นยล.จิราลักษณ์ โทร.086-697-7752 บริษัท CP WorldTour Line : juliewong22

PROGRAM

Multi-District

PETS 2019

Friday, 1 st March 2019					
10.00 - 17.00	Registration 4 districts				
17.00 - 18.00	Dinner				
18.00 - 21.25	1 st Plenary Session				
21.25	Group Photos				
Saturday, 2 nd March 2019					
08.30 - 17.10	2 nd and 3 rd Plenary Session				
18.30 - 21.30	Presidents-elect Dinner Party				
Dress code : Navy Blue					
Sunday, 3 rd March 2019					
08.30 - 13.00	4th Plenary Session				
13.00 - 14.00	Lunch				

